

# Bicycle Safety



## Rules of the Road

Obey traffic regulations. Cyclists are accountable for the same traffic regulations that vehicle motorists obey.

Yield to pedestrians,

Ride double only if your bicycle is equipped with a second seat.

Keep to the right.

Walk your bicycle through intersections.

Yield to cars.

Beware of parked cars.

Signal before you turn.

Do not wear headphones.

Use lights when you ride at night as required by law in Olathe.

Carry identification in case an accident occurs.

## Safety Equipment

Bell or horn.

Rear-view mirror.

Helmet:

- Approved by legally authorized organizations\*.
- Should fit snug on your head.
- Should be white or brightly colored.
- Needs plenty of padding and ventilation.
- Wear it low on forehead.

## Reflectors

Front reflectors should be white and visible at night as required by law in Olathe.

Back reflectors should be red and visible at night as required by law in Olathe.

Side reflectors should be white or yellow.

\*American National Standards Institute or Snell Memorial Foundation. Look for a CPSC1, ASTM2, ANSI3, or Snell4 sticker inside the helmet.

## Child Safety

Never carry a baby under age one.\*

\*Ensure the child carrier has a high back and shoulder harness.

Ensure the carrier is fastened firmly to the bike.

Buckle the harness firmly around the child.

## Protect Your Bicycle

Mark your bicycle for identification if it is stolen.

Keep a photo of your bicycle.

Secure your bicycle with a lock.

Store your bicycle inside a locked location.

## Equipment check

Secure frame.

Tight seat

Secure wheels

Secure spokes

Secure hand rail

Tight nuts and bolts

Working brakes

Secure cables

Secure chain

Tire pressure firm to the touch

Tire treads not worn

## Special Hazards

Bad weather.

Bad road surfaces.

Poor visibility at night.

Animals.

\*A baby does not have the neck strength to wear a helmet and his back is not strong enough to sit straight with the motion of the bike.

\*\*The cyclist's feet should touch the ground without bending the his knees when he is sitting on the seat.