

OGG POOL SCHEDULE

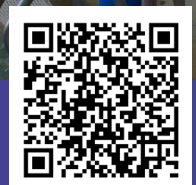
EFFECTIVE
AUG. 26

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAP SWIM	5-8:55 AM 9:55 AM-3:55 PM	5-8:55 AM 9:55 AM-2:30 PM	5-8:55 AM 9:55 AM-3:55 PM 5-6:55 PM	5-8:55 AM 9:55 AM-2:30 PM	5-8:55 AM 9:55 AM-3:55 PM	7-8:20 AM	10-11:25 AM
RIVER WALK	5-11:30 AM	5 AM-2:30 PM 4-7 PM	5-11:30 AM	5 AM-2:30 PM 4-7 PM	5-11:30 AM	7-11:30 AM	10-11:30 AM
AQUAFIT	9-9:50 AM 7-7:50 PM	9-9:50 AM	9-9:50 AM 7-7:50 PM	9-9:50 AM	9-9:50 AM 10:30-11:20 AM (ZUMBA)	8:30-9:20 AM	---
PRESCHOOL SPLASH	9-11:30 AM	9-11:30 AM	9-11:30 AM	9-11:30 AM	9-11:30 AM	---	---
KIDS SPLASH	11:30 AM-2:30 PM	---	11:30 AM-2:30 PM	---	11:30 AM-2:30 PM	---	---
OPEN SWIM	11:30 AM-7 PM	---	11:30 AM-7 PM	---	11:30 AM-7:30 PM	11:30 AM-4:30 PM	11:30 AM-4:30 PM
SLIDES	4-7 PM	---	4-7 PM	---	4-7:30 PM	11:30 AM-4:30 PM	11:30 AM-4:30 PM
ROCK WALL	---	---	---	---	4-7:30 PM	11:30 AM-4:30 PM	11:30 AM-4:30 PM
HOT TUB	5 AM-7 PM	5 AM-2:30 PM 4-7:30 PM	5 AM-7 PM	5 AM-2:30 PM 4-7:30 PM	5 AM-7:30 PM	7 AM-4:30 PM	10 AM-4:30 PM



OLATHEKS.GOV/COMMUNITYCENTER

913-971-8563



SCHOOL'S OUT ALTERED SCHEDULE DAYS

OCTOBER 11, 16, 17, 18

NOVEMBER 25-29 (FALL BREAK)

DECEMBER 20-JANUARY 6 (WINTER BREAK)

JANUARY 20

FEBRUARY 7, 12, 13, 14, 17

MARCH 17-24 (SPRING BREAK)

APRIL 24, 25

MAY 16, 22, 23, 26

LAP SWIM

- All ages when swimming laps appropriately
- Lap sharing is encouraged
- 25 yd. pool with four lap lanes
- One lane may be reserved for programing
- Kickboards/Pull buoys available for use
- Range from 4-12.5 ft in depth 1 mile = 71 pool lengths
- Those under the age of 10 must participate with an adult

RIVER WALK

- Available for ages 16+ and 10-15 with adult supervision
- Splashing & swimming not allowed
- Walk with or against current
- Current is strongest on the outer edge near jets
- Water weights/water belts/pool noodles available
- Water shoes are recommended for comfort

PRESCHOOL SPLASH

- Location: Zero Depth
- Range from 0-2 ft in depth
- Water features include: Tree House, Rain Cloud, Fountains
- One adult and up to two kids, five years old or under
- Adult should be in water with children

KIDS SPLASH

- For groups of five or more
- \$7 per kid
- Chaperones free with 1-to-5 ratio
- Locations: Zero Depth (0-2ft), Leisure pool (4.5ft in depth), Lazy river (3.6ft in depth)

OPEN SWIM

- Locations: Zero Depth (0-2ft), Leisure pool (4.5ft in depth), Lazy river (3.6ft in depth)
- Coast guard approved lifejackets for those who need them
- Open swim does not include slides or rock wall

GENERAL POOL INFORMATION

SECTION	TEMPERATURE	DEPTH
LAP POOL	82°	3'6" - 12'6"
ZERO DEPTH	85°	0-2'
LAZY RIVER	85°	3'6"
LEISURE POOL	85°	4'
SPA	102°	3'
SLIDE (MUST BE 48" TALL)	85°	N/A

LAZY RIVER

- Water features include: Water bucket, spray spouts throughout river, bubble detonator
- Must go with the current, please don't swim against
- No climbing over walls, must stay in the water

ROCK WALL/PLATFORMS

- Rock Wall/Platform use switches every 20 minutes
- Must be able to swim to climb/jump (12.5 ft area)
- One person at a time, no catching
- No climbing over the top of the platforms and jumping off
- Must climb on areas with hand holds (No free climbing)
- No flips/twists/turns off platforms
- Must jump off front facing, dives are allowed
- Watch for lifeguard to signal your turn

SLIDES

- Must be 48 in. tall to ride
- Lay down on back, cross arms and legs
- Children cannot ride with a parent
- No lifejackets, goggles, or water shoes on slides

AQUAFIT

Low-impact water aerobic exercise, great for swimmers and non swimmers. Offers a wide range of motion to achieve greater flexibility. Light strength training and water's natural resistance help build muscle tone and strength. Perfect for those with limited mobility, fragile bones, or weak muscles. Space is limited to each pool section.

AQUA ZUMBA (LEISURE POOL)

Exaggerated dance moves. Tempo is slower than normal Zumba due to resistance of water. Large muscle movements such as arm reaches and leg lifts in the water, slow exaggerated circling of your hips and shoulders. Offers a fun but challenging, water-based, workout. Space is limited to Leisure Pool only.

